

Pauwels Travel Bureau Ltd.
95 Dalhousie Street, Brantford, Ontario N3T 2J1
Tel: 519-753-2695 / 519-756-4900 - Fax: 519-753-6376
tours@pauwelstravel.com – www.pauwelstravel.com



“LANDS OF THE INCA”: PERU AND BOLIVIA

Lima – Nazca Lines – Paracas - Ballestas Islands – Cuzco – Macchu Picchu – Lake Titicaca – La Paz

17 days, Friday, January 20, to Sunday, February 5, 2012

A comprehensive exploration of the two countries where the Inca civilization blossomed...until its tragic extinction at the hands of Pizarro and other Spanish conquistadors. All the highlights are included, e.g. the enigmatic Nazca Lines; the Inca metropolis, Cuzco; Lake Titicaca in the high Andes; the two capitals, Lima and La Paz; and of course fabulous Macchu Picchu, the ‘lost city of the Incas’! Excellent hotels (mostly 5-star/deluxe) and food, and history lectures by your tour escort, Jacques Pauwels, author of ‘Beneath the Dust of Time: A History of the Names of Peoples and Places’, London, 2009.

Tour price, based on double occupancy: \$4,995 from Toronto – “Land only” from Lima to La Paz, including domestic flight Lima-Cuzco: \$4,360 - single room supplement: \$975

PROPOSED ITINERARY:

Day 1 - Friday, January 20:

Morning departure from Toronto to Lima, via Miami, with American Airlines. Refreshments and meals will be served on board at appropriate times. Arrival in Lima around 10PM, and transfer to the 5-star/deluxe Hotel Melia (www.solmelia.com/hotels/peru/lima/melia-lima/home.htm).

Day 2 - Saturday, January 21:

Morning sightseeing tour of Lima, with sights such as Plaza Mayor (main square); City Hall; the cathedral; San Francisco Monastery; the statue and tomb of Pizarro, conqueror of the Inca Empire; Huaca Huallamarca, an ancient pre-Incan shrine; Huaca Pucllana, ceremonial center of the Lima culture; the National Anthropological and Archaeological Museum with its extensive collection of pre-Columbian artifacts from ancient cultures such as the Mochica, Viru, Chavin, Nazca and of course Inca; and Miraflores Park, with a spectacular view of the Pacific Ocean. Also some free time to shop and/or explore the Peruvian capital on your own. Dinner in the hotel.

Day 3 - Sunday, January 22:

Departure from Lima after breakfast. We travel by comfortable private coach along the Pacific coast to the town of Ica, famous for the Nazca Lines, created by an eponymous pre-Inca culture. These enigmatic geoglyphs, which represent animals such as a hummingbird and a spider and can only be properly viewed from the air, may have constituted the world's largest astronomical calendar, or they may have played a role in the pre-Inca irrigation system; or... were they landing strips for extraterrestrials, as some have claimed? We first take a good look at the lines from a ground-level observation post, then overfly them in small planes – and very exciting experience! In the afternoon we visit the Regional Museum of Archaeology, then transfer to the resort Hotel Double Tree Hilton Paracas, overlooking the turquoise waters of the Pacific Ocean. How about a swim in the pool and a traditional Peruvian “pisco sour” cocktail, named after the nearby town of Pisco, before our dinner in the restaurant of the hotel? (http://doubletree1.hilton.com/en_US/dt/hotel/PIOPEDT-DoubleTree-Resort-by-Hilton-Hotel-Paracas-Peru/index.do)



The famous Nazca Lines as seen from the air!

Day 4 - Monday, January 23:

Morning visits in the Paracas National Reserve, almost one million acres of coastal real estate, featuring sandy beaches, rugged cliffs, and small islands, a universe inhabited above all by birds such as condors, flamingos, and Humboldt penguins; many of these birds migrate here from Antarctica. Today's highlight will be an excursion by boat to the marvelous Ballestas Islands, Peru's version of the Galapagos, which will allow us to see many birds, including penguins, but also seals and huge sea lions! We will also be able to view the mysterious Candelabro, a geoglyph (similar to the Nazca lines) of unknown origin. In the afternoon, we visit the local museum, devoted to the fascinating Paracas culture, before we return to our resort hotel for some R and R. Dinner again in the restaurant of our hotel.



< Touring the Ballestas Islands, “Peru’s Galapagos”

Day 5 - Tuesday, January 24:

This morning we travel back to Lima, and en route we visit the important archaeological site of Pachacamac, with ruins of a Temple of the Sun. Arrival at Hotel Melia in the Peruvian capital around noon. After a group lunch, visit to the remarkable Peru Gold Museum, featuring fabulous gold and silver treasures plus superb textiles from the Mochica and other pre-Inca cultures. Rest of the day free to shop or explore Lima on your own. No group

dinner this evening, but an *optional* dinner may be offered in a fine restaurant such as in *La Rosa Nautica*, a famous seafood restaurant located on a cliff overlooking the Pacific!

Day 6 - Wednesday, January 25:



The Twelve Angle Stone

Early morning transfer to the airport and short flight to Cuzco. This archaeological capital of the Americas is also the oldest continuously inhabited city on the continent; its legacy as the hub of the Inca Empire is readily apparent: most of the city streets are lined with Inca-built stone walls and crowded with Quechua-speaking descendants of the Incas. Arrival and transfer to our hotel, with rest of the morning free to adjust to the high altitude. Afternoon introductory tour of the city's great attractions: the vast central square, Plaza de Armas; the magnificent Cathedral; the remains of Coricancha (“Court of Gold”), the Temple of the Sun, now integrated into

the Church of Santo Domingo; San Cristobal Plaza, with a superb panoramic view of the city; San Pedro Market; San Blas, the artisans' neighborhood; Inca Roca Palace, now the Archbishop's Palace; and the famous Twelve Angle Stone, a superb example of Inca masonry. Dinner and accommodation in the centrally located Hotel Costa del Sol Picoaga, a former Spanish nobleman's mansion in the traditional colonial style! (www.picoagahotel.com)

Day 7 - Thursday, January 26:

This morning we explore the impressive archaeological sites that surround Cuzco: the Saqsayhuaman fortress, which probably served as an astronomic observatory and an Inca oracle; the ceremonial centre of Q'engo, with a sacrificial altar inside a rock cave; the tambo (lodge) of Puca Pucara; and the Tambomachay ruins, also known as the Inca Baths. No group dinner this evening.

Day 8 - Friday, January 27:

After breakfast, visit to the fabulous Archaeological Museum, filled with metal and gold work, jewelry, pottery, textiles and mummies. Afternoon free to shop or explore Cuzco on your own. This evening, dinner with folkloric music and dance in Tunupa Restaurant!

Day 9 - Saturday, January 28:

Early morning transfer to the railway station for the exciting ride, in comfortable cars with large panoramic windows, of the "Vistadome" train, (www.perurail.com/en/train_description.php?id=2), through a fascinating landscape of mountains and valleys, jungle, farmland, and Indian villages. Our destination is Macchu Pichu, the fabled "Lost City of the Incas"! Arrival at Aguas Calientes Station, and transfer to the hilltop site of Machu Picchu by minibus along a steep, winding road, with spectacular views of the Urubamba River and its canyon! Comprehensive guided tour of the ruins, including the Temple of the Sun, the Sacred Rock, the Sun Stone Clock, etc. Dinner and overnight in a hotel at the foot of the mountain, in the quaint village of Aguas Calientes - a real treat, as most visitors will return to Cuzco in late afternoon, leaving the site to the handful of privileged visitors staying for the night! Accommodation in the town's only 5-star hotel, the Sumaq, located at the foot of the mountains by the banks of the Vilcanota River, and dinner in its fine restaurant (www.machupicchuhotels-sumaq.com).



By Vistadome through the Andes!

Day 10 - Sunday, January 29:

After breakfast, additional sightseeing in Macchu Picchu before the arrival of the crowds; admission to the site is again included. If you are fit enough, you can hike a mile or so along the ancient Inca Trail to Intipunku or "Door of the Sun," entrance to Machu Picchu coming from the Inca Trail; for a major thrill, one can climb the Huayna Picchu, the mountain overlooking Machu Picchu and home to the temple of the Moon. In the afternoon, we travel by train or coach to the town of Ollantaytambo in the Urubamba Valley, and visit the amazing ruins of the local Inca fortress, which long resisted the Spanish conquistadors. On to the town of Yucay in the idyllic Sacred Valley of the Incas for dinner and overnight in the Hotel Sonesta Posada del Inca, an 18th-century colonial-style monastery surrounded by beautiful gardens (www.sonesta.com/sacredvalley).

Day 11 - Monday, January 30:

A full day of sightseeing in the Sacred Valley. First we visit the picturesque town of Pisac, with the ruins of another Inca fortress high on a mountaintop, offering a breathtaking panorama of the town and the entire valley, and the most colourful and exciting Indian market in all of Peru! In the afternoon we visit the village of

Chincheros with many buildings from the colonial period, built on top of Inca foundations and walls with typical trapezoid stones. Return to the hotel in Yucay and time to relax before dinner.

Day 12 - Tuesday, January 31:

After breakfast, departure by private coach for Puno, a fascinating journey across the Andean highlands, the Altiplano. En route we will enjoy spectacular scenery and stop in picturesque Indian villages, such as Andahuaylillas, whose "Church of San Pedro of Andahuaylillas," built in 1631 on the base of an Inca temple, features paintings which earned it the title of "Sistine Chapel" of South America. Also visit to the Temple of Viracocha in Racchi. Late afternoon arrival in Puno, the major Peruvian city on Lake Titicaca. Dinner and overnight in the 5-star Hotel Libertador Lago Titicaca, superbly located on a small island! (www.libertador.com.pe/en/2/1/6/puno-hotel)

Day 13 - Wednesday, February 1:

Morning boat tour on Lake Titicaca, at 3820m (12,530ft), the highest navigable lake in the world! At over 170km/105 miles in length, it is also the largest lake in South America. We will visit the islands, entirely built of straw, that function as floating villages of the Uros Indians, the "people of the lake." After lunch, sidetrip to fascinating Sillustani, the sacred burial place of the ancient Colla people, featuring huge stone tombs rising solemnly from a rocky hillside overlooking the Umayu salt lake. Return to the hotel in Puno in time for dinner.

ALTITUDE SICKNESS:

All visitors to the high Andes in Peru and Bolivia will "feel" the altitude and probably experience some discomfort such as headaches (bring Aspirin!) before their body adjusts. However, high altitude bothers some individuals more than others, so you should discuss this matter with your physician, who may prescribe some medication and give you some appropriate "lifestyle tips." Locally, coca-leaf tea is a popular remedy for altitude sickness, but do not take this tea, which is sold in bags in grocery stores, back home, as it is illegal here!

See also: www.boliviabella.com/altitude-sickness.html

Day 14 - Thursday, February 2:

After breakfast, transfer to the Bolivian border at Kasani. We cross into Bolivia and visit the port of Copacabana with its famous cathedral and statue of a "native" Virgin Mary; this ancient Inca centre of pilgrimage is now the most famous Catholic shrine in the Andes. Boarding a catamaran cruiser, we set sail for the Island of the Sun, according to legend the birthplace of the Inca Empire. Here we visit an Inca garden, agricultural terraces, a cultural centre/museum, and Manco Capac lookout with a large number of Andean cameloids: llamas, alpaca, and vicuna; also short trip on a traditional Titicaca vessel built of reeds! Lunch on board as we sail to unspoiled Challapampa village on the other side of the island, where we visit a school and church, meet a shaman, and participate in traditional ceremonies, enjoy folkloric demonstrations, walk along Inca trails...Dinner and overnight on board the catamaran, in simple but comfortable cabins equipped with private facilities.

Cruising Lake Titicaca >

Day 15: Friday, February 3: Our Lake Titicaca cruise resumes after breakfast. We enjoy fabulous panoramas as we sail to the Island of the Moon, yet another sacred Inca site, for a short visit. Having enjoyed another lunch on board, we reach the far side of the lake and disembark. We now continue by coach to Tiahuanacu, the fascinating ruins of a very important pre-Inca civilization, dating back to the second millennium BC, and Bolivia's most important archaeological site; also visit to the very interesting local museum. On to La Paz, located in a huge crater at about 12,000 feet above sea level, making this the world's highest



capital! Accommodation in the five-star Hotel Europa (www.hoteleuropa.com.bo). No group dinner this evening.



< Bolivian woman and child

Day 16 - Saturday, February 4:

After breakfast, we start our sightseeing program, which will include the famous Witch Doctor's Market, the colonial church of San Francisco, Plaza Murillo with the Cathedral, Government Palace, and the National Congress, Calle Jaen, a picturesque colonial street, residential areas, and of course the Moon Valley, an eroded hillside maze of miniature canyons and pinnacles. Also visit to a ceramics workshop. Farewell dinner this evening.

Day 17 - Sunday, February 5:

Early morning transfer to the airport and return flight to Toronto, via Miami, with American Airlines. Arrival in Toronto around 11PM.

Tour price, based on double occupancy: \$4,995 from Toronto – “Land Only” from Lima to La Paz, including domestic flight Lima-Cuzco: \$4,360 - Single room supplement: \$975

Included in the price are:

- Flight from Toronto to Lima and back from La Paz, plus the domestic flight from Lima to Cuzco;
- Accommodation based on double occupancy, mostly in 5-star/deluxe hotels, and one night in cabins on a ship on Lake Titicaca - the single room supplement is \$975;
- Breakfast daily except on day 17, and dinner (or occasionally full lunch) daily except on day 7, plus an extra lunch on day 14;
- Local transportation via private coach, train and (on Lake Titicaca) boat;
- All visits and sightseeing as outlined in the itinerary, including admission to museums and monuments mentioned;
- Hotel taxes and gratuities;
- Hotel portorage service;
- Services of local guides as well as a Pauwels Travel tour escort.

Not included:

- *****The usual combination of airport taxes, security fees, and fuel surcharges, presently (July 2011) approximately \$450, but subject to change; the final amount will be shown on your final invoice;**
- Bolivian international airport tax US \$25, to be paid locally in cash;
- Beverages with dinners, and meals other than those outlined above;
- All expenses of a personal nature;
- Some gratuities for local guides and drivers, in total approximately \$75 US;
- Travel insurance, available as follows:

All inclusive insurance:

Up to age 59: \$344.52

Ages 60 - 64: \$436.32

Ages 65 - 69: \$505.44

Ages 70 - 74: \$784.08

Ages 75 - 79: Call for rates

Non medical insurance:

Up to age 59: \$286.20

Ages 60 - 64: \$330.48

Ages 65 - 69: \$372.60

Ages 70 - 74: \$425.52

Ages 75 - 79: Call for rates

With single supplement:

All inclusive insurance:

Up to age 59: \$387.72

Ages 60 - 64: \$490.32

Ages 65 - 69: \$570.24

Ages 70 - 74: \$859.68

Ages 75 - 79: Call for rates

Non medical insurance:

Up to age 59: \$329.40

Ages 60 - 64: \$384.48

Ages 65 - 69: \$437.40

Ages 70 - 74: \$501.12

Ages 75 - 79: Call for rates



For more information on Peru and Bolivia, see these websites:

<http://wikitravel.org/en/Peru> and <http://wikitravel.org/en/Bolivia>

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Ont. Reg. #1034992

TERMS AND CONDITIONS

RESERVATIONS AND DEPOSITS:

Reservations should be made as early as possible to ensure the departure of your choice. A deposit of \$750.00 is required at the time of registration. **Your reservation is confirmed upon receipt of your deposit and application form. No reservations will be accepted without a signed application form.**

REFUND OF UNUSED ARRANGEMENTS:

Because the rates of Pauwels Travel Bureau Ltd. are based on group participation, no refund can be made for any tour accommodation or tour service or tour feature not taken. If cancellation occurs while the tour is in progress, no refund can be made for the tour portion not taken. We strongly suggest that to allow for any unexpected contingencies, you purchase the all-inclusive insurance.

CANCELLATION POLICY:

Refund of deposit is made in full if cancellation is received in writing by Pauwels Travel Bureau Ltd. more than 90 days prior of the departure date of the tour less a \$500.00 non refundable administrative fee per person. For cancellation received in writing 90 days prior or less the following cancellation charges apply:

90 days to 46 days before departure:	25% of tour cost
45 to 15 days before departure:	50% of tour cost
within 14 days prior to departure:	100% of tour cost

RESPONSIBILITY:

Pauwels Travel Bureau Ltd. reserves the right without notice, to withdraw any part or all of the tour. Factors such as airline schedule changes, hotel overbookings, inclement weather, etc. may necessitate changes in the itinerary as outlined. There may also be other circumstances in which changes become necessary or advisable. Any savings realized by these changes will be passed on to the passengers, any resultant expenses shall be borne by the passenger. Pauwels Travel Bureau Ltd. acts only as an agent in securing hotel, transportation and other travel services and in no event shall be held responsible for the failure by any person or company to render any transportation, lodging or other travel service to be provided on the tour. All hotel, transportation and other travel services are provided to tour members subject to all the terms and conditions under which they are offered to the public generally. The acceptance of the initial service to be provided under the tour shall be considered an acceptance by the tour member of those conditions. Pauwels Travel Bureau Ltd. also reserves the right to decline, to accept or retain any person as a member of the tour, in which case equitable refund will be made at the discretion of the tour operators.

AIR TRANSPORTATION:

Trans Atlantic economy flight by scheduled, IATA carriers, based on a group rate, but other fares may also be used. Deviations (e.g. earlier departures or later returns) are usually available at a surcharge. All fares are subject to specific rules and regulations, to changes, and to government approval.

APPLICATION FORM

Please book ___ seat(s) on the "Peru & Bolivia" of January 20 – February 5, 2012.

Enclosed is my/our deposit of _____ (\$750 per person, *plus* insurance premium if taken.)

Deposit and insurance premium, if taken, are due with registration. You will be invoiced for the balance approximately 45 days prior to departure.

WE NOW REQUIRE A COPY OF YOUR PASSPORT (INFORMATION PAGES ONLY) TO BE SENT WITH YOUR APPLICATION FORM AT TIME OF REGISTRATION.

Name as on Passport. Indicate the appropriate title before each name (Mr., Mrs., Miss, Dr., Ms.)

NAME(S): _____

If applicable, give your commonly used first name as you would like it to appear on your name tag: (e.g. "Liz" for "Mary Elizabeth") _____

ADDRESS: _____

_____ Postal Code: _____

PHONE: (Residence) _____ (Business) _____ (Fax/Email) _____

If traveling alone, please indicate your willingness to share accommodations: YES ___ NO ___

SINGLE ROOM REQUIRED: _____

(We will try to find a roommate for those willing to share, but cannot guarantee success in doing so. For single travelers we are not able to match, the single supplement will apply.)

SPECIAL REQUESTS: (Dietary, wheelchair assistance, frequent flyer number, twin beds, etc.) Please list here so we can do our best to assist you. (We will do our best to assist you but cannot guarantee success, especially in the case of requests for specific seating arrangements, since airlines do not normally allow individual seat selections for groups.)

I/we agree to the "terms and conditions" attached to the program. _____

Insurance, I/we accept:

All-inclusive Package ___ Non-medical Package ___ Decline Insurance ___

Signature (s) _____

If purchasing travel insurance, we require your date of birth:

Name: _____ Date of Birth _____

Name: _____ Date of Birth _____

PAYMENT:

Cheque payable to Pauwels Travel Visa ? Mastercard American Express

Amount Paid: _____

Card Number: _____ Expiry: _____ Security Code: _____

Signature: _____

Please forward this completed form, copy of passport and payment to:

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